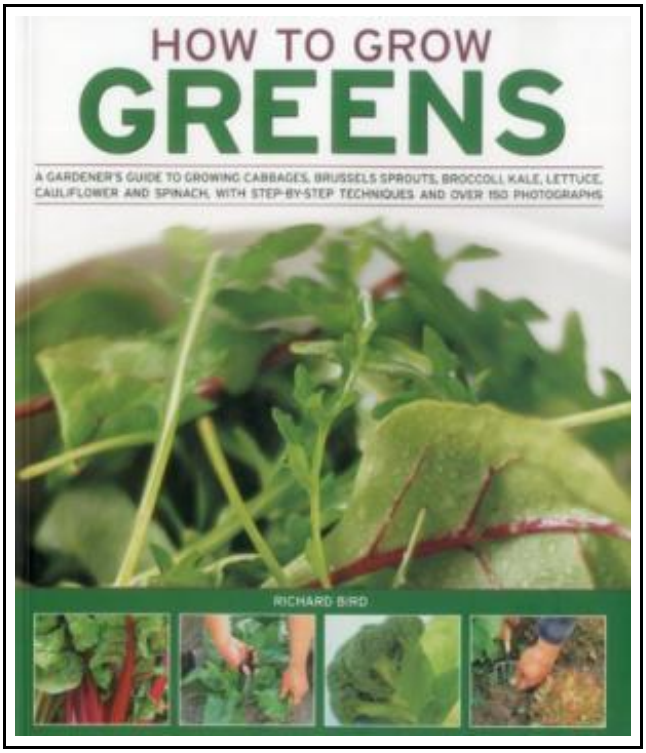
# How to Grow Greens

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### *Reviews*

*Extensive guideline! Its such a great go through. It is definitely basic but surprises in the 50 % of the pdf. It is extremely difficult to leave it before concluding, once you begin to read the book.*
***(Fernando Hahn)***

# HOW TO GROW GREENS

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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, How to Grow Greens, Richard Bird, This is an illustrated gardener's directory of the different varieties of green vegetables, their history and cooking uses. It offers step-by-step instructions for preparing the soil, sowing, thinning seedlings, compost harvesting and storing green vegetables. It includes detailed guidance on cultivating each type of vegetable, including planting times, planting depth and distance, and when to harvest. There are helpful hints on how to avoid pests and diseases, and what to do when problems occur. Greens, or leaf vegetables, are highly nutritious, contributing essential vitamins and minerals to your diet, and are particularly healthy and flavoursome if home-grown and eaten soon after harvesting. The main types of greens are described and illustrated here, with useful information about the different varieties, their history and cultivation requirements. This practical directory describes how to grow and care for each type of vegetable, and how to harvest and store them. There are suggestions for when and where to plant the greens, and how to deal with any pests and diseases that may occur. This book provides reliable information for the gardener who wants an at-a-glance reminder of what to do when in the vegetable plot.

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